



# CORRIDA SÃO SILVESTRE DE TÁBUA

**VIVEMOS DESPORTO**

## CLASSIFICAÇÃO GERAL MASCULINA - 6 KMS

POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
1	18	Carlos NUNES	Casa do Povo de Mangualde	Senior /Masc	19:16.0	
2	70	Romeu GOUVEIA	Escaravelhos Team - C.M.Mouronho	Junior / Masc	19:39.8	00:23.9
3	384	Luis REIS	Escaravelhos Team - C.M.Mouronho	Veterano M36	19:48.9	00:09.0
4	19	Fábio ABRANTES	União Clube Eirense	Senior /Masc	20:01.6	00:12.7
5	121	Orlando PIRES	ARSM - Associação Recreativa de S. Miguel	Veterano M46	20:39.1	00:37.5
6	143	Tiago CORREIA	Maratona Clube Vila Chã - Seia	Senior /Masc	20:47.5	00:08.4
7	145	José SILVA	Maratona Clube Vila Chã - Seia	Veterano M36	20:53.7	00:06.1
8	47	Emanuel CORREIA	Escola Atletismo de Coimbra	Senior /Masc	20:56.8	00:03.1
9	41	Nuno SILVA	Clube de Atletismo Amigos de Belém	Senior /Masc	20:59.3	00:02.6
10	329	José JESUS	Formobike	Veterano M46	21:05.4	00:06.1
11	57	Fábio MARQUES	União Clube Eirense	Senior /Masc	21:06.0	00:00.6
12	62	João PATRICIO	Escaravelhos Team - C.M.Mouronho	Senior /Masc	21:06.7	00:00.7
13	20	Nuno SILVA	Gira Sol	Veterano M36	21:14.4	00:07.7
14	378	David ALVES	Escaravelhos Team - C.M.Mouronho	Senior /Masc	21:27.7	00:13.3
15	127	Carlos RIBEIRO	Tondela Runners	Veterano M36	21:35.4	00:07.7
16	305	Fernando CHAVES	Sport Viseu e Benfica	Veterano M56	21:39.7	00:04.3
17	360	Leandro ROSAS	Clube Desportivo Penacova	Junior / Masc	21:44.1	00:04.4
18	146	Jacinto CORREIA	Maratona Clube Vila Chã - Seia	Veterano M46	21:52.6	00:08.4
19	22	João ALVES	OFFLINE runners	Senior /Masc	21:59.7	00:07.2
20	278	Vitor CARDOSO	CluVe - C. A. de Veteranos de Coimbra	Veterano M36	22:06.3	00:06.5
21	155	Leonel MENDES	Ginásio Municipal de Tábua	Senior /Masc	22:15.0	00:08.7
22	331	José MADEIRA	CAOH – C. Atl. de Oliveira do Hospital	Senior /Masc	22:22.9	00:07.9
23	49	João CUNHA	Individual	Senior /Masc	22:25.0	00:02.1
24	306	Cláudio QUEIROGA	Dínamo Clube da Estação	Veterano M46	22:53.9	00:28.9
25	244	Pedro TAVARES	Tondela Runners	Veterano M36	23:11.7	00:17.8
26	393	José GARCIA	Maratona Clube Vila Chã - Seia	Senior /Masc	23:18.8	00:07.1
27	64	Fernando SANTOS	Escaravelhos Team - C.M.Mouronho	Junior / Masc	23:19.5	00:00.7
28	67	Marco CRUZ	Escaravelhos Team - C.M.Mouronho	Senior /Masc	23:21.2	00:01.7
29	110	Gabriel SILVA	Individual	Veterano M36	23:26.5	00:05.3
30	17	Zé PINTO	Escaravelhos Team - C.M.Mouronho	Veterano M36	23:28.2	00:01.6
31	60	David GOUVEIA	Escaravelhos Team - C.M.Mouronho	Senior /Masc	23:39.1	00:10.9
32	51	António DIAS	Maratona Clube Vila Chã - Seia	Veterano M56	23:46.9	00:07.8
33	299	Vitor FRANCISCO	Gira Sol	Senior /Masc	23:49.1	00:02.2
34	303	Luis MONTEIRO	Clube Novo Banco	Veterano M36	24:05.4	00:16.3
35	205	Jorge RODRIGUES	Ginásio Municipal de Tábua	Senior /Masc	24:21.3	00:15.9
36	122	António SILVA	ARSM - Associação Recreativa de S. Miguel	Veterano M56	24:28.9	00:07.5
37	402	Micael ALVES	Individual	Senior /Masc	24:36.9	00:08.1
38	279	Carlos RIBEIRO	CluVe - C. A. de Veteranos de Coimbra	Veterano M46	24:37.4	00:00.5
39	118	Mário MONTEIRO	OS GALGOS	Veterano M36	24:43.4	00:05.9
40	183	Filipe LOPES	Ginásio Municipal de Tábua	Veterano M36	24:43.7	00:00.4
41	147	António BORGES	Maratona Clube Vila Chã - Seia	Veterano M56	24:46.3	00:02.5
42	327	Julio DUARTE	Ginásio Municipal de Tábua	Veterano M36	24:50.2	00:03.9
43	74	Miguel ALVES	Escaravelhos Team - C.M.Mouronho	Junior / Masc	24:54.6	00:04.4
44	21	Pedro SILVA	Gira Sol	Veterano M36	25:01.5	00:06.9
45	292	Francisco AMARAL	Gestosa Runners	Veterano M46	25:03.8	00:02.3
46	42	João ALMEIDA	OFFLINE runners	Senior /Masc	25:05.5	00:01.6
47	396	Pedro RITO	Individual	Senior /Masc	25:07.8	00:02.4
48	156	Rui VAZ	Ginásio Municipal de Tábua	Veterano M36	25:11.3	00:03.5
49	112	João CUNHA	Individual	Senior /Masc	25:18.3	00:07.0
50	250	Rui PINTO	Ginásio Municipal de Tábua	Veterano M46	25:23.0	00:04.7



**26 DEZEMBRO  
2015**

**VIVEMOS DESPORTO**



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**VIVEMOS DESPORTO**

## CLASSIFICAÇÃO GERAL MASCULINA - 6 KMS

POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
51	78	José NUNES	Escaravelhos Team - C.M.Mouronho	Senior /Masc	25:26.1	00:03.1
52	288	Jorge MARQUES	Super Minions	Veterano M36	25:34.6	00:08.5
53	5	Pedro SALGUEIRO	CBI RUNNERS	Veterano M36	25:42.9	00:08.4
54	258	Joel RODRIGUES	Herbalife	Senior /Masc	25:54.7	00:11.8
55	257	Luís RODRIGUES	Herbalife	Senior /Masc	26:01.1	00:06.4
56	296	António GONÇALVES	Individual	Veterano M36	26:04.4	00:03.3
57	71	Leonardo SOUSA	Escaravelhos Team - C.M.Mouronho	Junior / Masc	26:09.6	00:05.1
58	401	Carlo ALVES	Individual	Veterano M46	26:10.2	00:00.6
59	154	Hugo CRUZ	Ginásio Municipal de Tábua	Senior /Masc	26:14.6	00:04.4
60	375	Leonardo BRITO	Escaravelhos Team - C.M.Mouronho	Junior / Masc	26:16.1	00:01.5
61	160	Bruno GONÇALVES	Ginásio Municipal de Tábua	Senior /Masc	26:16.6	00:00.5
62	294	Fernando ANDRADE	Ginásio Municipal de Tábua	Veterano M46	26:20.4	00:03.8
63	281	Vitor GOMES	CluVe - C. A. de Veteranos de Coimbra	Veterano M46	26:20.6	00:00.2
64	297	Adérito CURTO	Gira Sol	Veterano M46	26:24.7	00:04.1
65	26	Jorge AMARAL	OFFLINE runners	Veterano M36	26:25.6	00:00.9
66	202	Ramiro PAIS	Individual	Veterano M46	26:28.9	00:03.3
67	212	Fábio CAETANO	Escaravelhos Team - C.M.Mouronho	Senior /Masc	26:40.6	00:11.7
68	48	António CUNHA	Individual	Junior / Masc	26:45.9	00:05.2
69	25	António NEVES	OFFLINE runners	Junior / Masc	26:48.8	00:03.0
70	113	Victor DOURADO	Individual	Veterano M36	26:51.0	00:02.2
71	52	Helder LOPES	Maratona Clube Vila Chã - Seia	Veterano M36	26:53.6	00:02.6
72	130	Paulo SILVA	Tondela Runners	Veterano M36	27:02.1	00:08.5
73	120	Valter MARQUES	Individual	Veterano M36	27:13.9	00:11.8
74	29	Luís PINTO	OFFLINE runners	Senior /Masc	27:20.0	00:06.0
75	1	Ricardo CRUZ	Ginásio Municipal de Tábua	Veterano M36	27:22.4	00:02.4
76	286	Antonio ANTUNES	Escaravelhos Team - C.M.Mouronho	Veterano M36	27:23.3	00:00.9
77	302	Celso TRINDADE	Individual	Senior /Masc	27:24.8	00:01.5
78	3	Luis LAIRES	CBI RUNNERS	Veterano M36	27:25.7	00:00.9
79	34	Fernando SOUSA	OFFLINE runners	Senior /Masc	27:31.8	00:06.1
80	328	Claudio MATOS	Ginásio Municipal de Tábua	Veterano M36	27:42.8	00:11.0
81	301	Gustavo RIBEIRO	Herbalife	Senior /Masc	27:43.7	00:00.9
82	43	Luís RIBEIRO	OFFLINE runners	Senior /Masc	27:48.3	00:04.7
83	152	Andre SILVA	Ginásio Municipal de Tábua	Senior /Masc	28:12.1	00:23.7
84	284	Mário SANTOS	Ginásio Municipal de Tábua	Veterano M46	28:14.0	00:02.0
85	403	Manuel MONTEIRO	Escaravelhos Team - C.M.Mouronho	Veterano M36	28:29.8	00:15.8
86	233	Pedro ALMEIDA	Escaravelhos Team - C.M.Mouronho	Senior /Masc	28:39.3	00:09.5
87	172	Daniel RODRIGUES	Ginásio Municipal de Tábua	Senior /Masc	28:45.0	00:05.8
88	33	Fábio ANTUNES	OFFLINE runners	Senior /Masc	28:52.7	00:07.6
89	198	João ABRANTES	Comissão Melhoramentos Percelada	Senior /Masc	28:55.6	00:02.9
90	151	Rodrigo OLIVEIRA	Individual	Senior /Masc	28:57.9	00:02.3
91	181	Vasco FIGUEIREDO	Ginásio Municipal de Tábua	Veterano M36	28:58.7	00:00.9
92	387	Rogério ESTEVES	Escaravelhos Team - C.M.Mouronho	Veterano M46	28:59.9	00:01.1
93	27	Joaquim OLIVEIRA	OFFLINE runners	Veterano M36	29:01.2	00:01.4
94	128	Flávio FERREIRA	Tondela Runners	Veterano M46	29:07.8	00:06.5
95	237	Luís PEREIRA	Individual	Veterano M36	29:14.8	00:07.1
96	239	João CABRAL	Individual	Senior /Masc	29:21.9	00:07.0
97	182	Nuno MARTINHO	Ginásio Municipal de Tábua	Veterano M36	29:21.9	00:00.1
98	238	Renato TIAGO	Individual	Veterano M36	29:31.6	00:09.7
99	282	Afonso MACEDO	CluVe - C. A. de Veteranos de Coimbra	Veterano M56	29:33.3	00:01.7
100	58	Armando DELGADO	Casa do Benfica da Figueira da Foz	Veterano M56	29:35.4	00:02.0



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POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
101	79	Fábio BRÁS	Escaravelhos Team - C.M.Mouronho	Senior /Masc	29:41.3	00:06.0
102	265	Renato DIAS	Herbalife	Senior /Masc	29:41.7	00:00.4
103	12	Hugo VICENTE	GD Vasco da Gama de Candosa	Veterano M36	29:47.3	00:05.6
104	262	Dário SIMÕES	Herbalife	Senior /Masc	29:51.8	00:04.5
105	76	Fábio BARBOSA	Escaravelhos Team - C.M.Mouronho	Junior / Masc	30:01.1	00:09.3
106	117	António C.MONTEIRO	OS GALGOS	Veterano M56	30:06.4	00:05.2
107	204	José CORREIA	Ginásio Municipal de Tábua	Veterano M36	30:09.3	00:02.9
108	149	Isaías PERALTA	Maratona Clube Vila Chã - Seia	Veterano M56	30:10.6	00:01.3
109	30	Duarte ANTUNES	OFFLINE runners	Senior /Masc	30:12.3	00:01.8
110	68	Carlos MARTINS	Escaravelhos Team - C.M.Mouronho	Senior /Masc	30:40.8	00:28.5
111	61	Carlos RODRIGUES	Escaravelhos Team - C.M.Mouronho	Senior /Masc	30:41.0	00:00.2
112	291	Davide BORGES	Gestosa Runners	Veterano M36	30:54.0	00:13.0
113	397	Bruno SANTOS	Individual	Senior /Masc	30:55.1	00:01.0
114	50	Ricardo OLIVEIRA	Individual	Veterano M36	30:55.9	00:00.8
115	273	Miguel MATOS	Sempre a 30	Veterano M36	31:09.7	00:13.8
116	310	David ALVES	Escaravelhos Team - C.M.Mouronho	Senior /Masc	31:12.2	00:02.5
117	124	José MOURA	Individual	Veterano M46	31:13.1	00:00.9
118	116	LOURO	Individual	Senior /Masc	31:24.2	00:11.1
119	46	António PINTO	OFFLINE runners	Senior /Masc	31:40.1	00:15.9
120	218	João SANTOS	Escaravelhos Team - C.M.Mouronho	Veterano M36	31:42.7	00:02.6
121	45	Diogo RIBEIRO	OFFLINE runners	Senior /Masc	31:44.5	00:01.8
122	10	Jose MARTINHO	CBI RUNNERS	Veterano M36	31:52.9	00:08.4
123	209	Ricardo SOUSA	Escaravelhos Team - C.M.Mouronho	Senior /Masc	32:16.2	00:23.3
124	165	Vitor SIMOES	Ginásio Municipal de Tábua	Veterano M56	32:24.1	00:07.9
125	241	João FERNANDES	Individual	Senior /Masc	32:26.0	00:01.9
126	126	Carlos TEIXEIRA	Tondela Runners	Veterano M56	32:32.7	00:06.7
127	125	Sergio TEIXEIRA	Tondela Runners	Senior /Masc	32:32.8	00:00.1
128	39	Júlio POCINHO	Escaravelhos Team - C.M.Mouronho	Veterano M36	33:18.3	00:45.6
129	267	Rui ABRANTES	Herbalife	Veterano M36	33:23.3	00:04.9
130	148	José CAETANO	Maratona Clube Vila Chã - Seia	Veterano M56	33:31.0	00:07.7
131	330	Rui GONÇALVES	CAOH – C. Atl. de Oliveira do Hospital	Veterano M36	33:59.5	00:28.5
132	7	Rui FONTES	CBI RUNNERS	Veterano M36	34:03.8	00:04.3
133	404	Carlos ROCHA	Individual	Veterano M46	34:17.5	00:13.7
134	269	José MARQUES	Herbalife	Senior /Masc	34:41.8	00:24.3
135	31	André FIGUEIREDO	OFFLINE runners	Senior /Masc	34:43.2	00:01.4
136	263	Rafael COSTA	Herbalife	Senior /Masc	34:57.5	00:14.2
137	173	Jose OLIVEIRA	Ginásio Municipal de Tábua	Veterano M36	35:07.0	00:09.5
138	6	Jorge FERREIRA	CBI RUNNERS	Veterano M36	35:24.4	00:17.4
139	2	Vasco BATISTA	CBI RUNNERS	Veterano M36	35:24.7	00:00.3
140	274	Luis MARTINS	Tondela Runners	Senior /Masc	35:34.3	00:09.7
141	248	Miguel ABRANTES	Ginásio Municipal de Tábua	Senior /Masc	35:40.1	00:05.8
142	227	Luís FERNANDES	Escaravelhos Team - C.M.Mouronho	Veterano M46	35:43.7	00:03.6
143	323	António OLIVEIRA	Individual	Veterano M36	35:47.3	00:03.6
144	105	Ricardo AMARAL	Mouro a Correr	Senior /Masc	36:02.5	00:15.2
145	75	Diogo NOVAIS	Escaravelhos Team - C.M.Mouronho	Senior /Masc	36:23.4	00:20.8
146	101	Joao MARQUES	Escaravelhos Team - C.M.Mouronho	Veterano M36	36:59.7	00:36.3
147	383	Marco ABREU	Escaravelhos Team - C.M.Mouronho	Veterano M36	37:09.6	00:09.9
148	109	Carlos VALE	Individual	Veterano M36	37:23.9	00:14.4
149	107	Paulo ELISEU	Individual	Veterano M46	37:44.5	00:20.6
150	405	António JESUS	Individual	Veterano M56	38:30.7	00:46.2



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POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
151	246	Tiago LAMEIRAS	Ginásio Municipal de Tábua	Senior /Masc	38:43.2	00:12.6
152	168	Gonçalo COSTA	Ginásio Municipal de Tábua	Senior /Masc	38:46.1	00:02.9
153	28	Marco ANTUNES	OFFLINE runners	Senior /Masc	39:00.0	00:13.8
154	266	Francisco PEREIRA	Herbalife	Senior /Masc	39:00.7	00:00.7
155	322	Paulo CARVALHO	U. F. de Covas e V. N. de Oliveirinha	Veterano M36	41:14.6	02:14.0
156	386	Antonio SANTOS	Escaravelhos Team - C.M.Mouronho	Veterano M46	41:21.6	00:06.9
157	100	Antonio ESTEVES	Escaravelhos Team - C.M.Mouronho	Veterano M46	41:23.9	00:02.4
158	295	Manuel SILVA	Ginásio Municipal de Tábua	Veterano M46	43:38.6	02:14.6
159	90	José NUNES	Escaravelhos Team - C.M.Mouronho	Veterano M36	44:52.2	01:13.6
160	254	Jimmy CORDEIRO	Herbalife	Senior /Masc	44:56.1	00:03.9
161	56	Jorge LOPES	União Clube Eirense	Veterano M46	45:03.7	00:07.6
162	208	Rui NUNES	Ginásio Municipal de Tábua	Veterano M36	46:42.6	01:38.9
163	179	Rui ALVES	Ginásio Municipal de Tábua	Veterano M36	46:43.5	00:00.9
164	300	Luis OLIVEIRA	Individual	Veterano M36	57:02.3	10:18.8



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