



CORRIDA SÃO SILVESTRE DE TÁBUA

VIVEMOS DESPORTO

CLASSIFICAÇÃO GERAL FEMININA - 6 KMS

POS	NUM	NOME	EQUIPA	CATEGORIA	TEMPO	DIF.
1	398	Andreia SILVA	Gira Sol	Senior / Fem	23:31.7	
2	313	Carla CABRAL	Individual	Veterana	23:54.2	00:22.5
3	131	Célia MATIAS	Tondela Runners	Veterana	25:47.7	01:53.5
4	362	Celia ALVES	Clube Desportivo Penacova	Veterana	26:31.5	00:43.8
5	162	Carina FERREIRA	Ginásio Municipal de Tábua	Veterana	28:03.7	01:32.2
6	298	Odeta CRUZ	Gira Sol	Veterana	28:34.2	00:30.6
7	245	Dina MOTA	Tondela Runners	Veterana	29:54.4	01:20.1
8	55	Rute LOPES	União Clube Eirense	Senior / Fem	30:26.5	00:32.2
9	272	Mafalda FRIAS	Sempre a 30	Veterana	31:08.2	00:41.6
10	321	Margarida PEGADO	U. F. de Covas e V. N. de Oliveirinha	Senior / Fem	31:29.8	00:21.7
11	325	Sara MARTINS	CluVe - C. A. de Veteranos de Coimbra	Veterana	31:38.9	00:09.1
12	290	Anabela CORREIA	Tondela Runners	Veterana	32:05.3	00:26.3
13	311	Marianela FIGUEIREDO	Individual	Veterana	32:53.9	00:48.6
14	280	Teresa MENDES	CluVe - C. A. de Veteranos de Coimbra	Veterana	33:22.1	00:28.2
15	132	Maria GOMES	Tondela Runners	Veterana	33:31.5	00:09.4
16	133	Juliana REBELO	Tondela Runners	Senior / Fem	33:31.5	00:00.0
17	180	Anabela FIGUEIREDO	Ginásio Municipal de Tábua	Veterana	33:41.4	00:09.9
18	326	Helena FERREIRA	Individual	Veterana	33:45.1	00:03.7
19	337	Teresa AMARO	CAOH - C. Atl. de Oliveira do Hospital	Veterana	33:52.7	00:07.6
20	92	Daniela MATEUS	Escaravelhos Team - C.M.Mouronho	Junior / Fem	33:54.3	00:01.6
21	275	Ana CALÇARÃO	Las Runners	Senior / Fem	34:05.3	00:11.0
22	276	Elisa MORAIS	Las Runners	Veterana	34:17.2	00:11.9
23	11	Bárbara SANTOS	Individual	Senior / Fem	35:15.2	00:58.0
24	200	Cármén RIBEIRO	Physio Girls	Senior / Fem	35:32.1	00:16.9
25	228	Sofia FERNANDES	Escaravelhos Team - C.M.Mouronho	Veterana	35:43.8	00:11.8
26	177	Ana BORGES	Ginásio Municipal de Tábua	Veterana	35:49.6	00:05.8
27	232	Carina FERREIRA	Escaravelhos Team - C.M.Mouronho	Senior / Fem	35:51.5	00:01.9
28	377	Vanessa ALMEIDA	Escaravelhos Team - C.M.Mouronho	Junior / Fem	35:51.6	00:00.1
29	201	Ana CAMPOS	Physio Girls	Senior / Fem	35:56.1	00:04.5
30	344	Ana SILVA	CAOH - C. Atl. de Oliveira do Hospital	Junior / Fem	35:59.1	00:03.0
31	106	Tânia COSTA	Mouro a Correr	Senior / Fem	36:02.7	00:03.6
32	59	Melissa GAMA	Escaravelhos Team - C.M.Mouronho	Senior / Fem	36:07.9	00:05.2
33	176	Carla OLIVEIRA	Ginásio Municipal de Tábua	Senior / Fem	36:15.5	00:07.6
34	199	Rafaela SOUSA	Physio Girls	Senior / Fem	36:22.0	00:06.5
35	80	Silvia DIAS	Escaravelhos Team - C.M.Mouronho	Senior / Fem	36:23.4	00:01.4
36	153	Sandra SEMEDO	Ginásio Municipal de Tábua	Veterana	36:44.1	00:20.7
37	175	Maria SILVA	Ginásio Municipal de Tábua	Veterana	36:50.9	00:06.8
38	159	Renata SANTOS	Ginásio Municipal de Tábua	Veterana	37:03.1	00:12.2
39	164	Sara SANTOS	Ginásio Municipal de Tábua	Senior / Fem	37:33.9	00:30.8
40	376	Carina NOVAIS	Escaravelhos Team - C.M.Mouronho	Junior / Fem	37:38.0	00:04.1
41	390	Alice RIBEIRO	Escaravelhos Team - C.M.Mouronho	Veterana	38:27.7	00:49.7
42	406	Daniela MIRANDA	Herbalife	Senior / Fem	39:00.8	00:33.1
43	197	Sofia RODRIGUES	Comissão Melhoramentos Percelada	Junior / Fem	39:25.9	00:25.1
44	13	Joana BRITO	Like N'Elas	Senior / Fem	40:46.1	01:20.3
45	16	Ana MARTINHO	Like N'Elas	Veterana	41:22.2	00:36.0
46	14	Natália SOARES	Like N'Elas	Veterana	41:22.7	00:00.5
47	374	Daniela BATISTA	Escaravelhos Team - C.M.Mouronho	Junior / Fem	41:59.0	00:36.3
48	170	Susana SERRANO	Ginásio Municipal de Tábua	Veterana	43:24.9	01:26.0
49	247	Patricia LAMEIRAS	Ginásio Municipal de Tábua	Senior / Fem	44:22.2	00:57.2
50	392	Maria SANTOS	Escaravelhos Team - C.M.Mouronho	Veterana	44:22.6	00:00.5



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51	380	Sara GOUVEIA	Escaravelhos Team - C.M.Mouronho	Senior / Fem	44:47.3	00:24.6
52	255	Vânia COSTA	Herbalife	Senior / Fem	44:57.1	00:09.8
53	379	Catarina VIEIRA	Escaravelhos Team - C.M.Mouronho	Senior / Fem	45:00.8	00:03.7
54	171	Ana FERNANDES	Ginásio Municipal de Tábua	Senior / Fem	45:00.8	00:00.1
55	400	Catia FERNANDES	Ginásio Municipal de Tábua	Senior / Fem	46:41.2	01:40.4
56	163	Raquel BORGES	Ginásio Municipal de Tábua	Senior / Fem	46:42.2	00:00.9
57	249	Maria ALVES	Ginásio Municipal de Tábua	Veterana	46:43.8	00:01.7
58	268	Lena ABRANTES	Herbalife	Veterana	46:53.4	00:09.6
59	226	Joana NUNES	Escaravelhos Team - C.M.Mouronho	Junior / Fem	48:13.2	01:19.8
60	72	Anabela SANCHES	Escaravelhos Team - C.M.Mouronho	Veterana	48:48.5	00:35.3
61	77	Maria GOUVEIA	Escaravelhos Team - C.M.Mouronho	Veterana	49:30.6	00:42.2
62	69	Olga QUARESMA	Escaravelhos Team - C.M.Mouronho	Veterana	49:31.3	00:00.7
63	223	Maria BATISTA	Escaravelhos Team - C.M.Mouronho	Veterana	52:28.3	02:57.0
64	221	Ana SANTOS	Escaravelhos Team - C.M.Mouronho	Veterana	52:53.0	00:24.8
65	252	Ana MARTINS	Escaravelhos Team - C.M.Mouronho	Senior / Fem	59:02.0	06:09.0
66	216	Andreia RODRIGUES	Escaravelhos Team - C.M.Mouronho	Senior / Fem	59:02.5	00:00.5
67	217	Joana GOUVEIA	Escaravelhos Team - C.M.Mouronho	Senior / Fem	59:03.0	00:00.5
68	89	Cláudia ABRANCHES	Escaravelhos Team - C.M.Mouronho	Senior / Fem	59:03.3	00:00.2



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