



PUBLIC HEALTH

Protective Measures

DGS/ARSC

Learn how to take care of yourself and your family

More informations
www.dgs.pt

In case of emergency contact:
112
808 24 24 24
(Saúde 24)

The Municipality of Tábua in collaboration with the Directorate General of Health and the Regional Health Administration of the Center, IP, reports that the experience of a traumatic situation as is the case of fires imposes some health care and redoubled attention to certain signs, which is why a guide has been drawn up with what is essential for managing such a situation.

This guide consists of topics such as:

1. Measures of Public Health Protection;
2. Other care to have;
3. Emotional Support: what to do ?;
4. Community.

The same will be made available on the website of the Municipality of Tábua and the DGS website at the link below:

http://biblioteca.sns.gov.pt/wp-content/uploads/2017/08/Cuidados-a-ter-quando-o-fogo-acaba_DGS_ARSC_agosto2017.pdf

<http://www.cm-tabua.pt/index.php/inicio/areas/prot-civil/701-areas-de-actuacao/art-prot-civil/gavi>